

bookings@tftutoring.co.uk



+447987686552



tftutoring.co.uk

WELCOME TO TFT TUTORING SERVICE

We started because we saw a gap

A lot of young people reach their GCSE years with perfectly good ability but real gaps in their confidence. They've fallen behind on one topic, and everything that follows feels shaky. Or they've been in a class of thirty where there's never quite been enough time to ask the questions they actually need to ask.

TFT Tutoring Service was set up to fix that — not with a rigid programme or a one-size-fits-all approach, but with proper, one-to-one attention from subject specialists who know their field inside out and genuinely enjoy teaching it. We work with students aged 14 to 16 across Middlesbrough, Stockton-on-Tees, Durham and Darlington. For families elsewhere in England and Wales, all our tutors are available online.

"Every student we work with has the potential to do better than they think. Sometimes all it takes is the right explanation, at the right moment, from someone who has the time to give it."

— Teferi Tolera, Director, TFT Tutoring Service

What makes us different

Subject specialists, not generalists

Each of our four tutors teaches only their own area of expertise. Your child gets someone who thinks about their subject every day — not someone who happens to be available.

A small team that holds itself to high standards

We're not a franchise. We're a small, close-knit team who know each other's work and hold each other accountable — and that matters for consistency.

Fully qualified and properly vetted

Every tutor holds QTS, a subject-specific PGCE from Teesside University, and an enhanced DBS certificate. Safeguarding is non-negotiable.

Honest, regular communication

We update parents monthly and tell you plainly how things are going. You will never have to chase us for information about your child's progress.

WHAT WE TEACH

GCSE subjects we cover

Our tutors cover the full range of core GCSE subjects. Every session is aligned to the specific exam board your child is sitting, so nothing taught is wasted time.

Mathematics

Tutor: **O Wisniewski** · AQA · Edexcel · OCR

Number, algebra, ratio, geometry, probability and statistics — Foundation and Higher. We identify where marks are being dropped and make methods secure before moving on. Past papers are central to every exam run-up.

English Language

Tutor: **T Reid** · AQA · Edexcel · WJEC

Reading, analytical writing, creative writing and transactional texts. We pay particular attention to exam technique — students often know more than they show on paper, and closing that gap is exactly what we work on.

English Literature

Tutor: **T Reid** · AQA · Eduqas · WJEC

Set texts, poetry anthologies, Shakespeare and unseen prose. We teach students to build a proper argument in an essay, not simply describe what happens.

Biology

Tutor: **F Sharma** · AQA · OCR · Edexcel

Cell biology, infection and response, bioenergetics, homeostasis, inheritance and ecology. Firoz makes complex biological processes feel logical rather than something to memorise.

Chemistry

Tutor: **F Sharma** · AQA · OCR · Edexcel

Atomic structure, bonding, quantitative chemistry, rates, equilibrium and analysis. Students learn to handle calculation questions as confidently as descriptive ones.

Physics

Tutor: **Firoz Sharma** · AQA · Edexcel · OCR

Forces, energy, waves, electricity, magnetism, particles and space. We address both the conceptual understanding and the mathematical elements students often find tricky.

Geography

Tutor: T Tolera · AQA · Edexcel · OCR

Physical and human geography, fieldwork skills and map reading. Teferi is particularly strong on extended answers that actually respond to the question asked.

History

Tutor: T Tolera · AQA · Edexcel · OCR

Source analysis, essay writing, thematic and period studies. We move students from description into the analytical writing that earns the higher grades.

THE PEOPLE BEHIND TFT

Meet our tutors

Every TFT tutor holds a degree and a subject-specific PGCE from Teesside University, Qualified Teacher Status (QTS), and an enhanced DBS certificate. More than that, they are people who chose this work because they find it genuinely rewarding.



Teferi

T Tolera

Director & Geography / History Tutor

PGCE Geography & History · QTS · DBS Enhanced · Teesside University

Teferi founded TFT Tutoring because he wanted to create something that actually worked for students in the North East — not a national franchise with interchangeable staff, but a small, committed team with real roots in the local community. He teaches Geography and History and has a particular interest in helping students who have convinced themselves they're "not academic" discover that, with the right support, they absolutely are.



Thomas

T Reid

English Language & Literature Specialist

PGCE English · QTS · DBS Enhanced · Teesside University

Thomas has spent years working with students who struggle to get their thoughts onto paper in the way they want to. He is patient, precise, and very good at helping students understand what an exam question is actually asking — which, more often than not, is the single biggest thing holding their marks back. He covers English Language and Literature across all major boards.



Firoz

F Sharma

Science Specialist – Biology, Chemistry & Physics

PGCE Science · QTS · DBS Enhanced · Teesside University

Firoz covers all three sciences at GCSE and brings real energy to his sessions. He is particularly strong on the mathematical side of science, making sure students are as comfortable with calculations as with descriptive answers. He believes no topic in GCSE Science is genuinely difficult once it has been explained properly.



Oliver

O Wisniewski

Mathematics Specialist

PGCE Mathematics · QTS · DBS Enhanced · Teesside University

Oliver works exclusively in Mathematics across both Foundation and Higher tiers. He has a methodical, unhurried approach that suits students who need to revisit the basics as much as those pushing for a grade 8 or 9. He is particularly skilled at finding exactly where understanding breaks down and addressing that directly, rather than reteaching known material.

GETTING STARTED

How tutoring with TFT works

We keep the process simple. No lengthy sign-up forms, no assessments that take weeks to come back, no pressure. Here is what happens from the moment you get in touch.

1**Get in touch**

Send us a message, give us a call, or drop us a WhatsApp. You'll hear back from Eliza, our admin manager, within one working day. She'll ask a few straightforward questions about your child's year group, subject, and what you're hoping to achieve.

2**Free consultation**

Every new family gets a free 30-minute consultation — no charge, no commitment. This gives us a chance to understand where your child is and what isn't clicking. It also gives your child the opportunity to meet their tutor before any sessions are booked.

3**A plan that fits**

After the consultation we'll suggest a session schedule — usually one hour per week per subject — and agree a format (online or in person). We'll also outline what we plan to focus on first and why. Nothing is fixed; we adjust as we go.

4**Regular sessions**

Sessions run for 60 minutes. We keep them focused but not pressured. Your child will finish each session knowing what was covered and what to work on before next time. Brief notes go out to parents after every session.

5**Monthly progress updates**

We don't wait until mock results to tell you how things are going. Monthly updates go out to every parent, and we're always available for a call if you have questions between sessions.

6**Exam preparation**

As exams approach we shift the balance towards timed past papers, exam technique and the specific mark-scheme language examiners are looking for. We also make sure students know what to do on the day if things don't go exactly to plan.

TRANSPARENT PRICING

Simple, honest pricing

Families should know exactly what they're paying before they commit to anything. There are no registration fees, no hidden extras, and no pressure to sign up to a package. The free consultation is genuinely free.

Single Session	MOST POPULAR	Exam Intensive
<p data-bbox="268 618 480 651">Single Session</p> <p data-bbox="323 680 424 734">£35</p> <p data-bbox="331 763 416 790">per hour</p> <ul data-bbox="204 824 488 1005" style="list-style-type: none"> ✓ Any GCSE subject ✓ Online or in person ✓ Session notes included ✓ Flexible scheduling 	<p data-bbox="683 672 887 705">Monthly Block</p> <p data-bbox="715 734 850 788">£120</p> <p data-bbox="675 817 890 844">per month (4 sessions)</p> <ul data-bbox="612 878 906 1108" style="list-style-type: none"> ✓ Any GCSE subject ✓ Online or in person ✓ Monthly progress report ✓ Priority scheduling ✓ Saves £20/month 	<p data-bbox="1086 618 1299 651">Exam Intensive</p> <p data-bbox="1129 680 1256 734">POA</p> <p data-bbox="1090 763 1295 790">tailored to your needs</p> <ul data-bbox="1027 824 1334 1055" style="list-style-type: none"> ✓ Flexible frequency ✓ Past paper focus ✓ Exam technique coaching ✓ Parent feedback calls ✓ Full progress tracking

A few things worth knowing

- The 30-minute consultation is free with no obligation to proceed.
- Block sessions unused with 48 hours' notice roll over to the following month.
- Cancellations with less than 24 hours' notice may be charged at the full session rate.
- Sibling discounts and reduced rates for financial hardship are available — please just ask.

WHAT FAMILIES SAY

Real students. Real results.

We'd rather let students and parents speak for themselves. These are genuine accounts from families who have worked with TFT.

PN

Priya Nambiar

Parent of Year 11 student – Stockton-on-Tees

★★★★★

"My daughter was predicted a grade 4 in Maths and came out with a 7. I'd tried a couple of other tutors before TFT and the difference was immediate. Oliver actually worked out where she was going wrong rather than going through the textbook from the start. She's gone from dreading the subject to helping her friends with it."

ZO

Zara Okonkwo

Year 11 student – Middlesbrough

★★★★★

"I used to hate English — not because I didn't enjoy reading, but because I could never make my essays sound the way I wanted. Thomas helped me understand what examiners are actually looking for, which sounds obvious, but nobody had ever explained it properly before. My mock grade went up by two."

DH

Declan Houghton

Parent of Year 10 student – Durham

★★★★★

"As a parent I needed to feel my son was in safe hands as much as anything else. TFT were upfront about their DBS checks and qualifications from the very first conversation, and Eliza in the office was brilliant at answering every question I had. His science grades have improved steadily since he started."

AP

Amara Pietersen

Year 10 student – Darlington

★★★★★

"Geography was my weakest subject and Teferi made it feel manageable almost straight away. He explains things without making you feel like you should already know them. I'm actually looking forward to my Geography exam now, which I never thought I'd say."

Your child's safety comes first

We know that inviting someone into your home — or allowing a stranger to work with your child online — requires trust. We have taken every reasonable step to make sure the TFT team meets the highest possible standards.

Enhanced DBS Certificates

All four tutors hold a current Enhanced DBS certificate — the highest level of background check available in the UK. These are renewed regularly. Copies can be provided on request.

Qualified Teacher Status (QTS)

Every tutor holds QTS — the formal qualification required to teach in UK state schools. This represents completion of a rigorous training process including assessed classroom teaching and professional standards review.

Subject-Specific PGCE from Teesside University

Our tutors completed their PGCE at Teesside University, specialising in their respective subjects. This training included formal safeguarding modules, child protection procedures and professional conduct standards.

Safeguarding Training for All Staff

All staff — including admin manager Eliza Hartley — have completed safeguarding training. We follow current UK safeguarding guidelines and have a clear internal procedure should any concern arise.

Online Session Standards

Sessions run via Zoom or Google Meet, with links shared in advance. We ask that a parent or guardian is at home during sessions, and we do not communicate with students outside scheduled sessions without parental awareness.

Open Communication

We will always tell parents if we have any concern about a student's wellbeing — academic or otherwise. Questions and concerns from parents are always welcome.

If you would like to see copies of any qualifications, DBS certificates or safeguarding documentation before booking, please contact Eliza at contact@tfttutoring.co.uk — we will provide these promptly.

FREQUENTLY ASKED QUESTIONS

Things parents and students often ask us

How quickly will my child see an improvement?

Most students notice their confidence improving within the first three or four sessions. Measurable grade improvement typically becomes clear within six to eight weeks of regular tuition. We will always be honest with you about progress.

Do you cover all exam boards?

Yes — AQA, Edexcel, OCR, WJEC and Eduqas. Please tell us your child's exam board when you enquire so sessions are properly aligned to what they'll actually be assessed on.

How often should my child have sessions?

One session per week per subject works well for most students. As exams approach, some families choose to increase to two per week. We'll recommend what we think is appropriate rather than push for more sessions than are genuinely needed.

Are online sessions as effective as in-person ones?

In our experience, yes — provided the student has a reasonable connection and a quiet space. We use an interactive whiteboard online, which can actually make working through problems step by step easier than on paper. Many families prefer the flexibility of online.

What if my child doesn't get on with their tutor?

We'd want to know straight away. We'd have an honest conversation about what isn't working and either adjust our approach or see whether another member of the team is a better fit. Getting the relationship right matters more to us than anything else.

Can you help a student who is very far behind?

Yes. Some of the most significant improvements we've seen have been with students who started a long way behind. It requires working back to fill gaps systematically rather than trying to cover everything at once — but it is absolutely possible to make up ground.

What if I need to cancel a session?

We ask for at least 24 hours' notice. Less than that may be charged at the full session rate, though we use discretion for genuine emergencies. We'll always try to offer a replacement slot where one becomes available.

Is there a minimum commitment?

No. You can book a single session and see how it goes. We don't lock families into contracts — we'd rather earn your continued booking session by session.
